

Joseph Bourdeau

# This Way Forever

for in<sup>^</sup>set

spring 2023

for David Aguila, Teresa Díaz and Ilana Waniuk  
I swear it will be finished tomorrow.

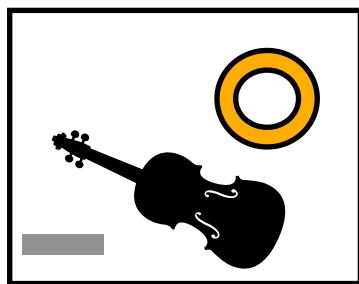
The fundamental concept for the actor is not the the 'being' of the character, but the 'will. One should not ask 'who is this?', but rather 'what does he want?'. The first question can lead to the formation of lakes of emotion, while the second is essentially dynamic, dialectical, conflictual, and consequently theatrical.

The will is not the idea, it is the concretion of the idea. It is not enough to want to be happy in an abstract way, we must want whatever will make us happy.

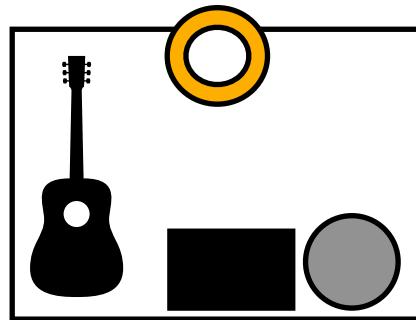
- Augusto Boal - *Games for Actors and Non-Actors*

**Suggested setup:**

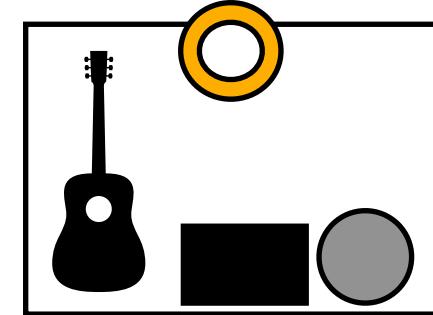
**(AUDIENCE)**



**Player 3**



**Player 1**



each player may want an additional music stand, to hold mallet, the whistles, etc.

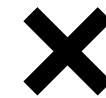
If used this should be placed behind the tables, out of sight of the audience.

Performer 1's piccolo should be in its case

Performer 1's flute should be out and on a stand, out of view from the audience.

Performer 2's trumpet should be in its case

Performer 3's harmonica should be at the vln. table.



(trumpet stand)

## Instruments + Implements:

### Player 1

**piccolo:** hidden from view, in case  
**flute:** disassembled, in case behind table

**low metal pot:** with a short decay  
**whistle:** any whistle which may be played softly w/ one hand  
**small guitar:** w/ three strings, tuning shown on following page

**self light trigger:** a push-button power outlet controlling the off/on state of the light for your own desk. Hidden under the table and controlled with the foot.

**hard felt mallets**

**violin bow**

### Player 2

**trumpet:** in C, in case on desk

**bottle:** high pitch  
**bell:** a small hand-rung service bell  
**recorder:** will be held only, not played

**self light trigger:** a push-button power outlet controlling the off/on state of the light for your own desk. Hidden under the table and controlled with the foot.

**vln. light trigger 2:** a similar push-button trigger controlling the lamp at the violin desk.

**ASCII or MIDI foot switch:** to control MAX/MSP patch running prerecorded electronics.

**hard felt mallets**

**one trumpet mute of choice**

**trumpet stand:** visible to audience

### Player 3

**violin:** begins at separate setup.  
Tuning is shown on the following page

**metal pot:** with a med. short decay  
**harmonica:** in D  
**small guitar:** w/ three strings, tuning shown on following page

**recorder:** will be held only, not played

**self light trigger:** a push-button power outlet controlling the off/on state of the light for your own desk. Hidden under the table and controlled with the foot.

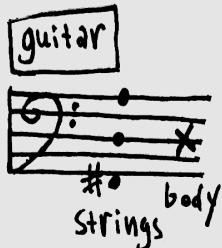
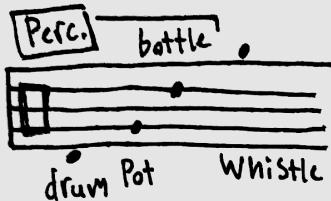
**vln. light trigger 1:** a similar push-button trigger controlling the lamp at the violin desk.

**hard felt mallets**

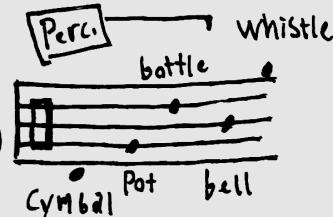
**violin bow + rosin**

## Notation

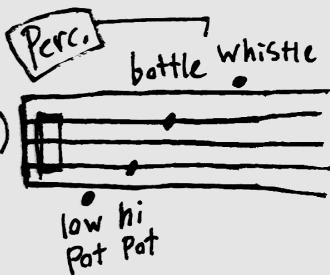
Player 1)



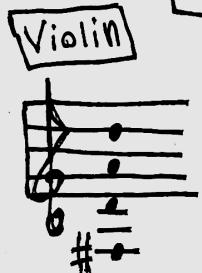
Player 2)



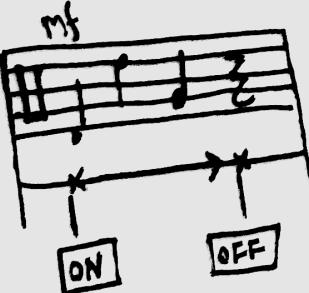
Player 3)



tune low string  
to  $F\#$ , & each higher  
String to a sharper  
Pitch, between  $F\#$  &  $G$

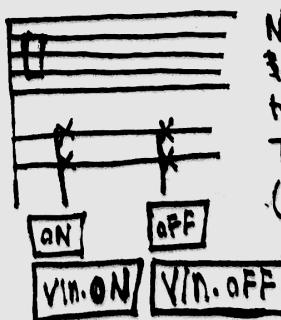


## Lights Notation



Note that dynamics usually appear above the staff when lights are being notated.

Note also that the draw connecting **ON** & **OFF** serves only as a visual cue



Note that players 3 & player 2 control two light switches. The lever of the two (in the score) controls the light at the V.I.N. desk.

## Vocal Performance Techniques

(S.P.) = speaking (S) = singing

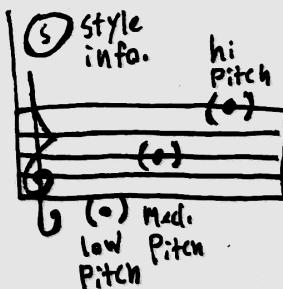
(H) = humming (W) = whispering

### Speaking Notation



The rhythm shows duration of speech.  
Text should be spoken freely from the beat.

### Singing Notation



(o) medi. low pitch

### Vowel Sounds

/a/ = father

/æ/ = matter

/e/ = bed

/u/ = put

/ooh/ = boo!

/m/ = hum

### **Text sources:**

The following is a list of text sources referenced in the score. Each of these texts need only be a sentence or two long, as they will be highly fragmented in performance. When selecting fragments to perform, players may start from the beginning of a sentence, phrase, etc. in the source material, or in the middle. The performers should write the lyrics they have selected into the score the will perform from. Where sources have an "A" and "B" form, the B form should pick up where the A form left off.

#### **Player 1**

**Instructions 1A+B** instructions relating use, assembly etc. for any item **player 1** has lying around the house.  
this item should not be related to music

**memory 1A+B** a distant memory provided by **player 1**

**karaoke** describe very briefly how you feel about singing karaoke  
at least one players excerpt should include the word  
**"karaoke"**

**pub 3** an excerpt from anywhere in the publishing or copyright materials of **book 3**

**bio 2:** Write the first sentence of a short bio for **player 2**.  
This bio must begin with the players name, then continue on as they tend to. Player 2 should use a version they already have, if possible.

**song 1A,B,+C** sing the pitches from a song you have loved for a long time, and sing often to yourself, or know very well by heart  
perform these pitches following the rhythms notated above the staff

**recipe 2** an excerpt from a recipe you think **player 2** would enjoy

**false speech** a few sentences on a topic that interests you which is not related to music or especially your instrument  
for **player 3** this should be distinct from  
**lecture 3**  
this material should be prerecorded and added to **drums+speech.wav**

**food order 2** a drive through order for food that **player 2** would enjoy

**box 1** "back of the box" material from a product you enjoy

## **Player 2**

**specs 3A,B+C**

technical specifications from an item or piece of equipment **player 3** thinks that **player 2** would use/enjoy  
**3A** and **3B** should be separate points in a list of specifications, not necessarily adjacent in the source material

**karaoke**

describe very briefly how you feel about singing karaoke  
at least one players excerpt should include the word "**karaoke**"

**bio 2:**

The first sentence from your own bio.

**pub 3**

an excerpt from anywhere in the publishing or copyright materials of **book 3**

**song 1A,B,+C**

sing the pitches from a song you have loved for a long time, and sing often to yourself, or know very well by heart perform these pitches following the rhythms notated above the staff

**recipe 1**

an excerpt from a recipe you think **player 1** would enjoy

**false speech**

a few sentences on a topic that interests you which is not related to music or especially your instrument

for **player 3** this should be distinct from

**lecture 3**

this material should be prerecorded and added to **drums+speech.wav**

**poem 2**

an excerpt from a favorite poem

**bio 3:**

write the first sentence of a bio for **player 3** the sentence should begin with something other than the player's name (use passive voice)

## Player 3

**specs 3A,B+C**

technical specifications from an item or piece of equipment **player 3** thinks that **player 2** would use/enjoy

**3A** and **3B** should be separate points in a list of specifications, not necessarily adjacent in the source material

**book 3A**

a few words from the middle of a sentence drawn from a favorite book

**story 3**

one day, during the week of your first rehearsal on this piece  
write down the most annoying thing that happened to you that day  
should be no more than one sentence.

**karaoke**

describe very briefly how you feel about singing karaoke  
at least one players excerpt should include the word  
"karaoke"

**recipe 3**

an excerpt from a recipe you think **player 1** would enjoy

**pub 3**

an excerpt from anywhere in the publishing or copyright materials of **book 3**

**song 1A,B,+C**

sing the pitches from a song you have loved for a long time, and sing often to yourself, or know very well by heart perform these pitches following the rhythms notated above the staff

**GPS 1**

directions to a favorite location.

**bio 1:**

write the first sentence of a bio for **player 1**  
the sentence should begin with something other than the player's name  
(use passive voice)

**lecture 3**

a few sentences on a topic that interests you which is not related to music or especially your instrument

**false speech**

a few sentences on a topic that interests you which is not related to music or especially your instrument  
for **player 3** this should be distinct from **lecture 3**  
this material should be prerecorded and added to **drums+speech.wav**

**personal details**

some basic information from the following:  
height, eye color, hair color, driver's license class, and favorite color  
should be read as if reading from an official document ("height: 6 foot 5, eye color:blue" etc.)

### **Facial expressions:**

These should be predetermined by each performer, and be delivered in such a way as to not look completely natural, but somewhat "mask-like". The performers should be obviously acting when putting on **faces A-D**, but **face X** should feel somewhat more natural.

**face A:** Player 1 assume a face inspired by Player 2  
Player 2 assume a face inspired by Player 3  
Player 3 assume a face inspired by Player 1

**face B:** Player 1 assume a face inspired by Player 3  
Player 2 assume a face inspired by Player 1  
Player 3 assume a face inspired by Player 2

**face C:** Player 1 imitate Face B, as performed by Player 2  
Player 2 imitate Face B, as performed by Player 3  
Player 3 imitate Face B, as performed by Player 1

**face D:** Player 1 imitate Face A, as performed by Player 3  
Player 2 imitate Face A, as performed by Player 1  
Player 3 imitate Face A, as performed by Player 2

**face X** a face of the performer's choosing. Should not be neutral, and should seek to convey some sort of emotional content.

**The following numbered notes apply to specific instances in the score which require attention or explanation**

**Note 1:** The vocal material in these bars should be performed with a very blank, or deadpan affect. The performers should be very still and stiff, with an almost robotic affect. Performers may resume natural affects appropriate to the suggested stylistic information after the termination of this bracket in m.5.

Additionally, Player 1's singing in mm.5-6 should sound lower than the material Player 2 sings in the same bars.

**Note 2:** Whistle something which you might whistle to yourself while working, or absently doing something. Perform in this style, as if making music only for your own amusement. The material whistled is up to the performer, but should not be too fast or active, exhibiting a laid back, but cheerful feel. The material should not be in time with the metronome.

**Note 3:** The vocal materials in this bar are provided by the performer, and as such should be performed in an appropriate style to the text provided. Try to speak only when not lit, so the audience doesn't see your mouths moving, but sees only percussion playing.

**Note 4:** In performance: stare ahead with. mouth open. Make a face with an emotional connotation.

Pre-performance: record a long tone on the violin which, in your mind matches the selected facial expression. Mix this recording into the electronics in measures 24 + 25.

**Note 5:** Select a sample of violin music to fill 7-10 seconds of space in m.25. This sample should be slowed somewhat, and processed with a light distortion, followed by med. heavy reverb/echo to give a haunting, dated quality. The sample selected for this bar will be continued from its stopping point here in m.27.

**Note 6:** Each performer should speak their selection very quickly, and as soon as they are done, proceed immediately to singing, without synchronizing vertically. Singing should begin by the notated beat four at the latest, but some players should begin before this point. Think of this bar as a race to get through the whispering to the singing.

**Note 7:** Continue the sample created for note 5 from the place where it was cut off. Layer on top of this sample, another sample of violin music. This new sample should be unprocessed, and selected to have a somewhat contrasting style to the processed one. One of these samples should be panned mid left, and the other mid right. These samples should be laid on top of the provided file **scratches.wav** to create the composite file **vln+scratches.wav**, which will be loaded in to the provided MAX/MSP patch for performance.

**Note 8:** Quickly flash lights on and off.

**Note 9:** Player 2 should sit very still, holding the trumpet in front of them, in a vertical resting position with one hand. The affect should be very blank, with a very slightly ominous quality.

**Note 10:** Select one of the parenthesized pitches to sing, in any comfortable octave, according to the rhythmic and dynamic information given above the staff.

**Note 11:** Players 1 and 3 should perform this material in a somewhat rigid fashion. Like an automaton at an amusement park.

**Note 12:** Players 1 and 3 should not be “clean” in these bars, and should be rhythmically desynchronized throughout. In mm.64 & 65, the performers should not coordinate their attacks, so that one performer plays first, and the other audibly reacts, playing at a slightly different time. This should go beyond a “dirty” attack, and should sound like detached but related instances of the notated material, happening at slightly different times.

**Note 13:** The performer should select two pieces of trumpet music, with contrasting styles to go into the electronics here. The first excerpt should be atonal or timbrally based, while the second should be more tonal or modal. The first sample should start straight away, and the second should fade in. Both samples should become louder over time. It is recommended to pan the samples slightly to opposite sides of the stereo image.

**Note 14:** Improvised solo. This should start very fast and frantic, with flurries of notes losing momentum and collapsing into longer tones, and repeated pitches. This solo should have a percussive, fluttering, or jittering quality generally, and still tones, or long periods of static should be avoided. The solo should ideally be 15-20 seconds in length.

**Note 15:** Player 1 should pass their pot to Player 2. It is likely both performers will have to stand to accomplish this. Since both performers must also remain in control of their lights this interaction will likely look somewhat strained or awkward. That’s great! If this proves impossible, the performers may omit the light OFF and ON cues in mm.82-83, resulting in the lights staying on from beat 4 of m.82 to beat 1 of m.84.

**Note 16:** Prior to performance, each performer should record themselves speaking briefly about a topic they find interesting. This topic should ideally not be related to music, but especially not to the performer's instrument. This pre-recorded speech should be added to the electronics in mm.85-89, so that the speech is clearly audible (although it will be chaotic and difficult to understand). If possible, voices should be mixed so that each performer's material rises and falls back in the texture asynchronously, so as to put emphasis on different voices at different times.

**Note 17:** Player 2's radio here is a prop, which need not be powered or amplified. In performance the player should mime adjusting the radio, in some way which is obvious to the audience. Depending on the space of the room, this could mean turning the knob, adjusting the antenna, striking the unit, etc.

**Note 18:** At least two performers should join the recorded voices in singing. This material need not exactly copy the existing voices, but should fit in with them. The lyrics should continue seamlessly from speaking to singing. The lyrics may be altered slightly from the source material to facilitate singing rhythms. The performer may return to speaking, or finish this section singing, but whichever choice they make, the materials should be completed between m.109 & beat one of m.112. **Each performer should turn their light off when finished singing.**

**Note 19:** Singing may be omitted if singing and playing simultaneously is uncomfortable for the performers.

**Note 20:** From mm.120 to the end any performer may play any part. It is suggested that a charismatic performer, with a confident singing voice begin first with *My Way*. The player who sings *My Way* should not sing the material notated in mm.120-125. The players who do not begin with *My Way* should select their own songs to sing. These should ideally be songs which would be familiar to a karaoke crowd. The performers should find karaoke versions of the songs to pirate from an online source and add them to the provided track **my\_way.wav** such that singing begins at the points notated in the score as **"(singing begins)"**. The instrumental tracks should begin 2-5 bars before this point, gradually fading in, or entering abruptly at the performers' discretion. **Each performer should turn their light on a few moments before they begin singing.**

**The "My Way" performer should turn their light on as the piano fades in in mm.122-123.** Performers should sing with a dramatic affect, and genuine stage presence. Although it will be quite difficult or impossible to maintain pitch, all performers should sing confidently and with vigor. This should not come across as humorous, with the audience laughing at the performers' ineptitude, but rather the performer should strive to make sounding bad look good.

**Note 21:** At this point, the "My Way" performer should begin singing a song of their own choosing. The karaoke backing track may either begin suddenly at or near this point, or fade in gradually over the course of the proceeding 5-7 seconds.

**Note 22:** All player's karaoke vocals should be finding a stopping place and wrapping up by about this point. The karaoke tracks in the electronic accompaniment should be allowed to continue on, intermingling, and producing interesting coincidences with the materials until the end of the piece. By this point performers should also have taken their instruments, and be prepared to play. This should be done casually, while singing.

**Note 23:** Repeat the material in mm.168-183 with free variations. The melody here is given as a reference point, but performers should not play this melody in unison, if at all, rather they should perform their own versions of the melody, or some related material. Repeat two or three times, with each repetition becoming noisier, more jagged, and timbrally oriented as it progresses. The music should gradually “come apart” sounding noisier, more “broken” and less like the tune over time.

**Note 24:** After the lights come on in the final bar the performers should pause and hold still for a moment, then begin to pack up. Only once the audience begins to clap, should the performers acknowledge them. Once the audience has been acknowledged, the performers are free to improvise the rest of the piece until the end of their lives.

# This Way Forever

## for in^set

J. Bourdeau

Player 1

Each performer should situate themselves onstage making necessary adjustments to their setup and preparing to begin. Once done, performers should make eye contact, and give a visual signal that they are ready to start playing. Immediately proceed to notated material in a dramatic, comically sudden fashion. The contrast between the casual nature of the setup and the dramatic nature of the music is the joke.

Player 2

Player 3

1 (Click ON) **drone\_1.wav**

see note 1

## This Way Forever

plyr.1

7

**Sp.** somewhat dreamily  
[memory 1A]

**Sp.** slightly more dramatic  
[memory 1B]

mallets down  
take gtr.

finger random chord  
gtr.  
slide hand up and down neck  
while strumming as notated  
*mf* → *f*

*mf*

*mf*

strummed

*gtr. down*

*mp* → *f*

**ON**

**OFF**

**Sp.** plain, as if reading for an audiobook  
"He suddenly knew why he felt so good,  
when all the while he should be feeling bad"

**pitch pipe**

*mf*

*mf*

*p*

*mf*

*p*

*mf*

**take bell**

**[smile]**

**bell**

**ON**

**OFF**

**plyr.2**

**ON**

**OFF**

mallets down  
take pitch pipe

**Sp.** natural,  
casual  
[story 3A]

**take bow**

**tighten bow (while singing)**

**S.** breathy, dreamy

/u/ — /a/ —

*mf*

*n.*

*mf*

*n.*

**OFF**

**ON**

**OFF**

**plyr.3**

**slide guitars**

**b.dr+bells**

4

3

## This Way Forever

15 [face A] 16 Quasi senza tempo as if for a photo [smile]    

take mallet  f >> mf > place piccolo case on table and open 

15 [face A] 16 subtly unhinged [smile] ord. face  f >> mf > 3  mf  

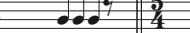
pipe + bell down take mallet  f >> mf > 3  mf  

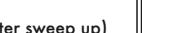
15 [face A] 16 obviously fake [smile]  f >> mf >  mf 

whistling  f >> mf >  mf  

see note 2 take mallets  f >> mf >  mf  

15 (Click OFF) (Click ON) drone timbre changes b.dr+bells pot (cresc. and filter sweep up)  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

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15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf 

15 [face A] 16  f >> mf >  mf <img alt="MIDI controller ON/O

## This Way Forever

21

plyr.1

23

assemble picc. put down picc. take stick

[face B] [face C] (ON OFF ON OFF ON) perc. f >> (OFF) (ON)

[W sharp, quick] [pub 3] [S dreamy, still] (mf mp) (assemble fl.)

plyr.2

[face B] [face C] (ON OFF ON OFF) ON OFF perc. >> (ON OFF) (mf)

[W sharp, quick] [pub 3] [S dreamy, still] (mf mp) (perc. > 3)

plyr.3

[face B] [face C] (ON OFF ON OFF) ON (turn head) → vln. (Vln. ON) (OFF) (Vln. ON) (Vln. OFF) perc. > 3 (mf)

[W sharp, quick] [pub 3] [S dreamy, still] (mf mp) (perc. > 3)

b.dr+bells

21

b.dr+bells (low pass filter ON) vln. tone (see note 20) b.dr+bells b.dr. (vln. sample 1) (vln. sample continues)

sfz-p

see note 4

see note 5

see note 6

see note 7

## This Way Forever

29 take up whistle **whistle** *p* *mf* **Sp.** *pleasant, informative* **[bio 2]** whistle down take mallets **(=)**

34 **perc.** *mf* *light, dancelike* **[ON]** *inhal* *as if about to play rec.* **H** *introspective* **[song 1A]**

39 take breath **ON** *mf* **Sp.** *pleasant, informative* **[bio 3]** mallet down take recorder **holding rec. in playing position** *mf* */m/* *p* *recorder down take mallets*

40 **ON** **OFF** *ON* **OFF** *mallets down take bow + rosin* **Sp.** *like an infomercial* **[specs 3C]** **rosin bow** *bow down take recorder* **holding rec. in playing position** *mf* */m/* *p* *recorder down take mallets*

41 **ON** **OFF** **ON** **OFF** **ON** **OFF**

42 **pot** *>* **bass drum** **whistles**